How to Help GCSC

Become a participant, volunteer, instructor and donor. GCSC needs your financial support to fund various programs and to pay for the facility. Please send your tax- deductible contribution (Check payable to GCSC) with your contact information.

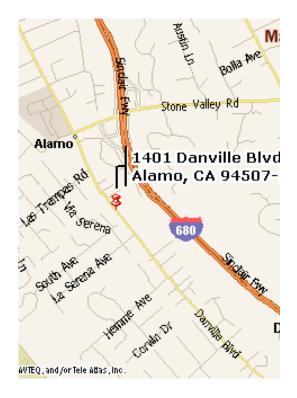
康鶴耆英中心贊助辦法

本中心為一非謀利文化團體, 凡舉辦各項活動與場地之使用, 所需費用皆賴各公私營機構及熱心公益個體捐助方得維持. 所有捐款皆可免稅, 深盼熱心公益人士慷慨解囊鼎力捐助, 支票請開GCSC, 並連同下表寄至:

Golden Crane Senior Center P. O. Box 862 Danville, CA 94526

Supporter:		
Address:		

Telephone:



Direction:

- 1. I-680 North or South toward Alamo
- 2. Exit @ Stone Valley Road West toward Alamo Downtown,
- 3. Right to Stone Valley Road,
- Left to Danville Blvd @Traffic Light, pass Seven Eleven store and a Two-story office building,
- 5. Right to Alamo Women's Club Parking Lot @1401 Danville Blvd.



康鶴耆英中心 Golden Crane Senior Center

A place to
Learn new skills; to
Meet more friends; and to
Nurture our body, mind & spirit.

養性修心

Mailing Address: P. O. Box 862, Danville, CA 94526 Website: www.goldencrane.org (925) 820-0500 Program Location:

1401 Danville Blvd., Alamo, CA 94507

Golden Crane Senior Center

(GCSC), founded in July 2007, is a non-profit, non-political organization and is exempt from the United States federal income tax under Section 501 (C) (3) of the Internal Revenue Code. GCSC's ID No. is 41-2248260.

Our Mission:

- 1. To enrich and enhance the experience of all participants through exposure to Chinese culture and American traditions,
- 2. To promote the health and social well-being of participants and enhance their quality of life,
- 3. To facilitate resource information sharing among seniors and new comers,
- 4. To develop friendships among the participants,
- 5. To engage in charitable, educational, and community activities.

GCSC welcomes age 50+ seniors. Program activities are being offered @ 1401 Danville Blvd., Alamo, CA 94507.

2013 Board of Directors/Officers:

Fragrance Liu, Chair
Cecilia Chan, Vice Chair
Theresa Wang, Secretary
Maria Wang, Treasurer
Stank on Live Portion In Line Maria

Stephen Lu, Butterfly Lin, May Firman,

- Directors

康鶴耆英中心簡介

康鶴耆英中心,于2007年七月在美國加州成立,是美國政府登記有案之非政治,非營利團體 (US-IRS -ID 41-2248260).

康鶴耆英中心成立之宗旨如下:

- (一)透過對中華文化以及美國多元社會傳統方式的接觸,以促進參與人士多元文化之潛能,
- (二)提昇社區耆齡人士身心健康,社會意 識,與生活品質,
- (三)協助耆齡或新遷入社區人士之適應.
- (四) 通過藝術, 文化, 健身, 教育, 與社交活動, 以培養社區人士之情誼,
- (五)從事慈善,教育,與社區活動.

康鶴耆英中心目前採非會員制, 凡年在五十歲以上社區耆齡人士, 不分種族背景, 均歡迎參與本中心所舉辦之活動. 本中心租用Alamo 婦女俱樂部做為舉辦活動與課程之場所. 康鶴耆英中心歡迎社區人士與中心聯絡, 詢問, 並提供寶貴意見.

Operation:

Acting Director: Stephen Lu
Deputy Directors: Butterfly Lin, &
James Chen

Committee Chairs:

Activity: Butterfly Lin Caring: Julie Wang Curriculum: Fragrance Liu Finance: Theresa Wang Front Desk: James Chen Fund Raising: Butterfly Lin Participating: Mayshu Shiow Publicity: Stephen Lu Alcosta Senior & Community Center Liaison: Jason Wu

課程活動項目(星期一,星期二)

太極拳,元極舞,關節操,卡拉OK,講座,攝影, 國畫班,書法欣賞,聯誼會,合唱團,摺紙, 學做菜,排舞,音樂教室,舞蹈研習,及瑜珈伸展.



Programs/Classes (Monday & Tuesday)

Tai chi, Yuan-Ji Dance, Karaoke, Brush Painting, Calligraphy Appreciation, Photography, Chorus, Monthly Potluck, Cooking, Origami, Line Dance, Seminars (Literature etc.), Dance & Music Workshops, & Yoga Stretch.



