



2017年4月課程表 Class Schedule for April 2017

星期一 Monday		星期二 Tuesday	
9:00 - 9:55	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang	9:00 - 9:55	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
9:00 - 10:25 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00 -10:45	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu
10:00 -11:55	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00 -10:45 Small Rm.	4/4: 康鶴攝影會 Camera Club Monthly Meet 4/11: 幹事會 Monthly Committee Meeting (9:30-10:45) 4/18: 戲劇 Drama - 沉浮 Teresa Yu. 4/25: 閱讀會 Book Club Monthly Meet - 許國衡 Patrick Hsu
10:30 - 12:00 Small Room	4/17: iPad 畫圖 IPad Drawing 林哲 Dick Lin	10:50 -12:15 講座 Lecture	4/4: 時事座談: 三個瘋子的故事- 許國衡 Patrick Hsu 4/11: Living Trust & Estate Plan - Edward W. Goodson 4/18: 五、七言絕句和律詩的聲韻 - 白德群 Tom Pai 4/25: 伊斯曼時間 - Eastman
12:30 -1:55 Small Room	4/10 & 4/24: 書法 Calligraphy - 孫國忠 KC Sun 4/17: 摺紙 Origami - 陳恩貝 Betty Kung		
12:00 - 3:25	卡拉 OK Karaoke - 蔡溫純 Wendy Lee	12:20 -12:55	午餐時間 Lunch Time
1:30 - 3:25 Small Room	4/3: 國畫 Chinese Brush Painting 鍾維君 James Chung: “嶺南派國畫講座”	1:00 - 3:00	合唱團練習 Chorus 魯肇煌 Stephen Lu
2:00 - 3:25 Small Room	4/10, 4/17 & 4/24: 國畫 Chinese Brush Painting 溫陳麗玉 Julia Wen	3:05 - 4:50 Small Rm.	易筋拍打 劉曼雲 Gini Lau
3:30 - 4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05 - 4:50	排舞 Line Dance Grace Chiu, Meiwen Chang & Lily Ma.

四月五日星期三特別活動 April 5 Special Activities: 9am - 2:50pm (詳情請看海報 see attached flyer for details)

星期三課程 April 5 Wednesday Classes: 10:30am - 12:30pm, 烹飪課 Cooking Class; 3pm - 5pm, 交際舞 Ballroom Dance (see flyer)

康鶴健行會每月健行 Hiking Club Monthly Meet: April 14 Friday (Hiking club members will receive email notifications)

(1) Classes are free for registered members (2) For more info- visit www.goldencrane.org (3) Class schedule is subject to change