

6-7-2017(星期三)

端午慶會

9:00am - 10:20am Origami 摺龍舟/紙棕

10:30am -11:30am 長者氧生操/團康手語 (Senior Exercise)

11:40am -12:50pm 午餐 (Lunch)

13:00pm -14:30 pm 伊斯曼說故事

15:00pm -17:00pm 社交舞教學 (Ballroom Dance)

