



2020年3月課程表 Class Schedule for March 2020 (GCSC Web Site - www.goldencrane.org)

	星期一 Monday		星期二 Tuesday
9:00 - 9:50	元極舞 Yuan-Ji Dance	9:00 - 9:50	太極拳 Tai-Chi 朱天南Tin Chu, 郭素芝Sujer Wang
9:00 - 10:20 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00 -10:40	室內步行/韻律操 Indoor walking/Aerobic 王幼薇 Gina Hsu, Janice Loo
10:00 -11:50	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00 -10:40 Small Rm.	3/3: 康鶴攝影會 Camera Club (9:00-12:00) 3/10: 幹事會Monthly Committee Meeting (9:50-10:50) 3/17: 戲劇 Drama 鍾維君 James Chung 3/24: 閱讀會Book Club - 許國衡 Patrick Hsu
10:30 - 11:55 Small Room	3/9 & 3/23: 人像素描 Portrait Sketch 王萬淙 Frank Wang	10:50 -12:10	3/3: 時事座談News Talk – 《時事座談: “COVID-19” (新冠狀病毒)--世紀大災難? 世紀大陰謀? 》 3/10, 17, 24: 易筋拍打 Yi Jin Patting - 劉曼雲Gini Lau
12:30 -1:50 Small Room	3/16: 3D摺紙 Origami - 陳恩貝 Betty Kung	10:50 -12:10 Small Rm.	3/17: 插花Ikebana - 張櫻晶Tomiko Hatsushi
12:00 - 3:20	卡拉OK Karaoke		
1:00 - 3:00 Small Room	3/9 & 3/23: 書法 Calligraphy 孫國忠 KC Sun	12:20 -12:50	午餐時間 Lunch Time
1:30 - 3:20 & 2:00 - 3:20 Small Room	3/2 (1:30 – 3:20) & 3/16 (2:00 - 3:20) 國畫 Chinese Brush Painting 鍾維君 James Chung	1:00 - 2:55	合唱團練習 Chorus 魯肇煌 Stephen Lu
3:30 - 4:50	瑜珈伸展 Yoga Stretch	3:05 - 4:50	排舞 Line Dance 陸培恩Grace Chiu 張美文Meiwen Chang 廖佩茹Hanna Fong

星期三 Wednesday 3/4/2020

09:30 - 10:30易筋拍打Yi Jin Patting (劉曼雲Gini Lau)

10:40 - 11:40排舞Line Dance (陸培恩Grace Chiu)

12:00 – 15:30 康鶴耆英中心3月/4月雙慶生會GCSC March/April Birthday Celebration.

15:00 –18:00 戲劇 Drama (鍾維君 James Chung)

星期五 Friday 3/13/2020: 康鶴健行會每月健行 Hiking Club Monthly Meet (電郵通知會員Email notification to club members).