

From GCSC Board

董事會訊息

Dear GCSC members,

The wait is over, we reopened our on-site facility in the Sycamore Homes Association club house starting October 4, 2021. It is a very nice place and everyone has very positive comments on this facility. Right now we plan to have three months try out this new facility, and we are working very hard to fine tune the equipment and procedures for our class in this new facility. If you have any comments or suggestions, please let our director and her committee members know.

On October 6, we had a reopening event to introduce the new facility to our members and celebrate the grand opening of our new facility. We had more 100 members join us on that day. Everyone enjoyed the event and I think it was a big success.

As you can see that this is a very nice facility and our landlord is very accommodating to us. Our director and her committee members tried very hard to find this place for us. Our landlord gave us a very good rate with the condition of following their existing guidelines of using the facility. We should follow their guidelines and be a good tenant, so we can enjoy this facility for a long time.

With the reopening of our on-site facility and people starting to come back to our class, I would like to see that everything go back to normal. I am starting to plan for next year and there will be a few position on our Board of Directors available. If you are interested in serving as a member of the GCSC Board of Directors, please let me know.

Please stay safe and I wish you best of luck.

Yeao-Nan, Chair 謝耀南董事長
GCSC Board of Directors

編者的話

From the Editor

自從中心由10月4日在新地址復課以後，一個月很快就過去了，並且很快地就走上了軌道。10月6日的復課慶會，有超過百名會員的參與，慶祝的表演節目項項精彩生動，無可否認的是一個異常成功的活動，為中心的重新起步帶來了吉祥的頭彩，我們要衷心地感謝由中心主任帶領的一群負責籌畫和運作的團隊成員。

中心和 Sycamore Homes Association (SHA) 的簽約本來只包括了主建築的二樓，有一個很好的大房間可以安排原來排在大教室的課程與活動，小教室的課程就只能勉強而不得已的排在二樓的一個完全開敞的休閒與交誼區，後來又加簽了停車場東南側的附建築(Annex)，才有了一個異常理想的第二教室，從11月開始，所有排在主樓二層休閒區的課程都已經搬到了 Annex 去上課，休閒區就將成為一個名符其實並且極為需要的休閒區。

中心當然有一些臨時的措施急待正常或正規化，譬如值日生的制度就應該盡快恢復起來，在這三個月試辦期間結束之前，正常化的完成應該都會有了頭緒，以便迎接那新的一個年度2022!

曾經發出電郵為這期康鶴通訊徵求稿件，可惜我們會員的來稿並不踴躍，幸虧有黃蜀君寄來的英文稿，和袁翔文大姊寄來的詩歌〈不老歌〉(配上黃自〈花非花〉的歌譜，竟是天衣無縫)。

不老歌

袁翔文 詞
黃 自 曲



From GCSC Member 會員來稿

June Wang 黃蜀君
(Please go to page 2/3)

Below is my feeling of our new home. Lots of people worked so hard to make this dream come true. Yeao-Nan Hsieh is a thoughtful and smart chair of our board directors. We have accomplished a lot of tasks to benefit GCSC. His leadership should be recognized and appreciated by us all.

We paid years and years of high price at Alamo Women Club for renting our meeting place of Golden Crane Senior Center. They keep asking for more money for each contract. We are a senior club with most retired people. They should give us discount due to our age and income. We thought of the high cost so we have plans to look somewhere else. Our reopening celebration on 10-6-21 is the success of the leadership and talents of Golden Crane Senior Center. Yeao-Nan Hsieh, our chair of board of directors, listens and supports all the recommendations. What an outstanding and humble director we have! It is our blessing to be in this heart warming and loving care group. Now the price is right at Sycamore Homes Association. Also we keep getting new classes in our schedule. We are very lucky to be a member of this big family. We are grateful to see friends to learn skills, exercises, karaoke, news talk, movie appreciation, book club.....etc. We are thankful to the leadership and hard work of GCSC volunteers. We are the lucky people to belong to GCSC.

I need to mention Juliana Wang (黃廖雪萍) who gave 100% of her energy and time in searching our new home. She started the job back in August and she narrowed down to final 4 places for serious consideration. The final decision is Sycamore Homes Association due to ideal price, supportive management and policy. In the end Yeao-Nan and Juliana were able to find a family of the association to be our sponsors leading to a huge discount in price.

On 10-6-21 the reopening day, from far you could see the balloons and ribbons decorated on the second floor. As soon as I got out my car, Sue Sue gave me a helping hand to climb the steps. Mona looked over our covid-19

vaccination record card by CDC and she even checked our third booster shot, then she wrote our Chinese and English names on the GCSC member card. The nearby bathroom is clean and good looking. When we entered the second floor, lunch boxes and bottles of water offered to us. After lunch the birthday celebration began with songs and delicious cake. The MC of Anita and Stanley announced the programs with Yeao-Nan Hsieh and Juliana Wong reporting some business followed by dancing, singing, line dance and all kinds of performances. At the end I followed the ramp to get in my car to return home. What a relaxed and delightful day!

Happy Birthday (November 2021)

祝十一月壽星福如東海壽比南山

Leng Julia 冷孟岫屏 Huang Amy 黃婉美

Hsu Gina 王幼薇 Pai Mei-Shu 何美姝

Lin Ma-Ying 林美英 Chow Sherry 汪長蘭

Chow Larry 周珞 Shiow May-Shu 王美秀

Kuo Luke 郭蘭青 Wong Juliana 黃廖雪萍

Tang Ming-Chien 唐名建 Chen Kimhon 陳金漢

Lee Helen 李桂箴 Lin Chung 林中

Liang Diane 梁燕

(以上名單謝耀南提供)



明天會更好

圖上:10/6 合唱團演出 圖下:10/26 書法班上課





康鶴耆英中心 2021 年 11 月課程表
GCSC November 2021 Class Schedule

星期一 Monday

0900A - 1000A (Big Room)

舞蹈研習(1) Dance Workshop (1)
(沈慧 Amy Jong)

1000A - 1145A (Big Room)

舞蹈研習(2) Dance Workshop (2)
(沈慧 Amy Jong)

1200P - 1230P (Big Room)

舞蹈研習(1) Dance Workshop (1)
(沈慧 Amy Jong)

1240P - 0330P (Big Room)

卡拉 OK Karaoke

1130P - 0100P (Annex)

音樂教室 Music Workshop
(Rose Chen & Chester Chang)

11/08 & 11/22 0110P - 0300P (Annex)

書法 Calligraphy (孫國忠 KC Sun)

11/15 0110P - 0230P (Annex)

3D 摺紙 Origami (陳恩貝 Betty Kung)

0330P - 0500P (Zoom Class)

Yoga 瑜珈 (吳雪芳 Fragrance Liu)

11/08 0700P - 0900P (Zoom Class)

閱讀會 Book Club (許國衡 Patrick Hsu)

星期二 Tuesday

0830A - 0950A (Big Room)

太極拳 Tai-Chi

(朱天南 Tin Chu & 郭素芝 Sujer Wang)

1000A - 1040A (Big Room)

室內步行/韻律操 Indoor walking/Aerobic
(Janice Loo)

1050A - 1220P (Big Room)

排舞 Line Dance (陸培恩 Grace Chiu &
張美文 Meiwen Chang & 廖佩茹 Hanna Fong)
(To be continued to the next column)

星期二(續) Tuesday

0100P - 0300P (Big Room)

合唱團練習 Chorus (魯肇煌 Stephen Lu)

0310P - 0420P (Big Room)

易筋拍打 Yi Jin Patting (劉曼雲 Gini Lau)

11/02 11/9 & 11/30 0100P - 0330P (Annex)

InShot Video Editing (陸培恩 Grace Chiu)

11/09 1000A - 1200P (Annex)

插花 Ikebana (張櫻晶 Tomiko Hatsushi)

11/16 1000A - 1200P (Annex)

幹事會 Monthly Committee Meeting

11/02 0915A - 1200P & 11/16 0715P - 1000P
(Zoom Class)

康鶴攝影會 Camera Club

11/02 0700P - 0900P (Zoom Class)

時事座談 News Talk (許國衡 Patrick Hsu)

《一枚萬億元白金幣--談債限危機及其他》

星期三 Wednesday

11/03 0950A - 1100A (Big Room)

初級班排舞 Beginners Line Dance

(陸培恩 Grace Chiu & 張美文 Meiwen Chang)

11/03 0200P - 0400P (Big Room)

戲劇 Drama (鍾維君 James Chung)

11/17 1030A - 1200P (Zoom Class)

人像素描 Portrait Sketch (王萬淙 Frank Wang)

11/17 0700P - 0900P (Zoom Class)

電影研討 Movie Club (魯肇煌 Stephen Lu)

星期五 Friday

康鶴健行會每月健行 - 時間地點另行通知
Hiking Club Monthly Meet - To be announced
to the club members by email