



康鶴耆英中心 2022 年 1 月課程表

GCSC January 2022 Class Schedule

Address: 635 Old Orchard DR Danville CA 94526

Email: golden.crane.sc.contact@gmail.com

星期一 Monday

0930A - 1200P (Big Room)

舞蹈研習 Dance Workshop

(沈慧 Amy Jong)

1210P - 0330P (Big Room)

卡拉 OK Karaoke

1130A - 0100P (Annex)

音樂教室 Music Workshop

(Rose Chen & Chester Chang)

01/03 & 01/17 0110P - 0300P (Annex)

國畫山水 Chinese Painting (鍾維君 J. Chung)

01/10 & 01/24 0110P - 0300P (Annex)

書法 Calligraphy (孫國忠 KC Sun)

01/17 1230P - 0150P (2nd FL Lobby)

3D 摺紙 Origami (陳恩貝 Betty Kung)

0330P - 0500P (Zoom Class)

Yoga 瑜珈 (吳雪芳 Fragrance Liu)

01/10 0700P - 0900P (Zoom Class)

閱讀會 Book Club (許國衡 Patrick Hsu)

星期二 Tuesday

0830A - 0950A (Big Room)

太極拳 Tai-Chi

(朱天南 Tin Chu & 郭素芝 Sujer Wang)

1000A - 1040A (Big Room)

室內步行/韻律操 Indoor walking/Aerobic

(Janice Loo)

1050A - 1220P (Big Room)

排舞 Line Dance (陸培恩 Grace Chiu &

張美文 Meiwen Chang & 廖佩茹 Hanna Fong)

0100P - 0300P (Big Room)

合唱團練習 Chorus (魯肇煌 Stephen Lu &

鄭莉莉 Lily Cheng)

星期二(續) Tuesday

01/04 & 01/18 0100P - 0300P (Annex)

國畫花卉 Chinese Painting (溫麗玉 Julia Wen)

01/11 1000A - 1200P (Annex)

插花 Ikebana (張櫻晶 Tomiko Hatsushi)

01/18 1000A - 1200P (Annex)

幹事會 Monthly Committee Meeting

01/25 1230P - 0230P (Annex)

創意美食班 (葛守雯 Bella Lee)

0400P - 0500P (Zoom Class)

易筋拍打 Yi Jin Patting (劉曼雲 Gini Lau)

01/04 0915A - 1200P & 01/18 0715P - 1000P

(Zoom Class)

康鶴攝影會 Camera Club

※時事座談本月暫停 No News Talk this month.

星期三 Wednesday

01/05 0950A - 1100A (Big Room)

初級班排舞 Beginners Line Dance

(陸培恩 Grace Chiu & 張美文 Meiwen Chang)

01/05 1130A - 0150P (Big Room)

創意美食班 (葛守雯 Bella Lee)

01/05 0200P - 0400P (Big Room)

戲劇 Drama (鍾維君 James Chung)

01/19 1030A - 1200P (Zoom Class)

人像素描 Portrait Sketch (王萬淙 Frank Wang)

01/26 0700P - 0900P (Zoom Class)

電影研討 Movie Club (魯肇煌 Stephen Lu)

星期五 Friday

康鶴健行會每月健行 - 時間地點另行通知

Hiking Club Monthly Meet - To be announced
to the club members by email