



康鶴耆英中心 2022 年 3 月課程表
GCSC March 2022 Class Schedule

Address: 635 Old Orchard DR Danville CA 94526

Email: golden.crane.sc.contact@gmail.com

星期一 Monday

0930A - 1200P (Big Room)

舞蹈研習 Dance Workshop
(沈慧 Amy Jong)

1210P - 0330P (Big Room)

卡拉 OK Karaoke

1130A - 0100P (Annex)

音樂教室 Music Workshop
(Rose Chen & Chester Chang)

03/07 & 03/21 0930A - 1120A (Annex)

國畫 1 Chinese Painting (溫麗玉 Julia Wen)

03/07 & 03/21 0110P - 0300P (Annex)

國畫 2 Chinese Painting (鍾維君 J. Chung)

03/14 & 03/28 0110P - 0300P (Annex)

書法 Calligraphy (孫國忠 KC Sun)

03/21 1230P - 0150P (2nd FL Lobby)

3D 摺紙 Origami (陳恩貝 Betty Kung)

0330P - 0500P (Zoom Class)

Yoga 瑜珈 (吳雪芳 Fragrance Liu)

03/14 0700P - 0900P (Zoom Class)

閱讀會 Book Club (許國衡 Patrick Hsu)

星期二 Tuesday

0830A - 0950A (Big Room)

太極拳 Tai-Chi
(朱天南 Tin Chu & 郭素芝 Sujer Wang)

1000A - 1040A (Big Room)

室內步行/韻律操 Indoor walking/Aerobic
(Janice Loo)

1050A - 1220P (Big Room)

排舞 Line Dance (陸培恩 Grace Chiu &
張美文 Meiwen Chang & 廖佩茹 Hanna Fong)

0100P - 0300P (Big Room)

合唱團練習 Chorus (魯肇煌 Stephen Lu &
鄭莉莉 Lily Cheng)

星期二(續) Tuesday

03/8 1000A - 1200P (Annex)

插花 Ikebana (張櫻晶 Tomiko Hatsushi)

03/15 1000A - 1200P (Annex)

幹事會 Monthly Committee Meeting

03/22 1230P - 0230P (Annex)

創意美食班 (葛守雯 Bella Lee)

0400P - 0500P (Zoom Class)

易筋拍打 Yi Jin Patting (劉曼雲 Gini Lau)

03/01 0915A - 1200P & 03/15 0715P - 1000P
(Zoom Class)

康鶴攝影會 Camera Club

03/01 0700P - 0900P (Zoom Class) *No Class
時事座談 (停課一次)

星期三 Wednesday

03/02 0950A - 1100A (Big Room)

初級班排舞 Beginners Line Dance
(陸培恩 Grace Chiu & 張美文 Meiwen Chang)

03/02 1130A - 0150P (Big Room)

創意美食班 (葛守雯 Bella Lee)

03/02 0200P - 0400P (Big Room)

戲劇 Drama (鍾維君 James Chung)

03/16 1030A - 1200P (Zoom Class)

人像素描 Portrait Sketch (王萬淙 Frank Wang)

03/23 0700P - 0900P (Zoom Class)

電影研討 Movie Club (魯肇煌 Stephen Lu)

星期五 Friday

03/11 康鶴健行會每月健行 - 詳情另行通知

Hiking Club Monthly Meet - To be announced
to the club members by email