

慶祝母親節父親節和慶生會 - 5月11日中心舉辦中午聚餐及餘興節目慶祝年度的母親節和父親節以及2023前半年的慶生會，午餐由中心免費提供，隨後有興高采烈的慶生活動(圖1)，接著是一連串精采叫座的餘興節目，分別由合唱團、排舞班、Ukulele班、舞蹈研習班、GGB歌手群等提供(圖2至圖5是所收集到的演出照片)。中心會員對這次的慶祝活動表示了一致的讚賞，我們特別刊出會員黃蜀君寄來的慶會感言。



圖 1: 壽星合影



圖 2: 合唱團演出遊子吟等三首動聽歌曲



圖 3: 排舞班的精彩演出



圖 4: 舞蹈研習班演出中國古典舞回娘家



圖 5: GGB 歌手群演出熱烈歌舞劇三月裡的小雨

Message from Member (June Wang 黃蜀君) - We had such delicious lunch and cake at Golden Crane Senior Center to celebrate the special occasion on 5-11-23 Thursday. There are about 120 guests and the programs were absolutely delightful and enjoyable. The chorus, the ukulele music workshop, the beginning line dance and the intermediate line dance, the camera club, the beautiful living floral design, the return to brides' home with babies on their back, the five mysterious women performers with 3 gentlemen singing, the love song by Juliana Wong and a gentleman, the opera singing by Bob Chen and many more programs plus the master ceremony sense of human and the smooth progress (to be continued on p. 2/3)

(from p. 1/3) of every single program are incredibly entertaining. We loved it and are very grateful for the hard work from volunteers, performers and planning of this special celebration. Your participation made our successful gathering. Our leadership and our talented people brought us happy time. Thanks all for such a wonderful time at GCSC. Now we are looking forward to our next activity, i.e., the BBQ picnic at the nearby Osage Station Park. Do not miss it because our friendship means so much to all of us.

踏青烤肉大會 - 中心將在6月7日舉行踏青烤肉大會, 詳情見以下海報. 參加踏青的健兒請在上午10時到公園烤肉區旁空地集合, 健行會在中午以前完成, 讓參與者及時回到公園參加烤肉以及隨後的餘興節目.



康鶴**2023**年春季踏青烤肉
 時間:**6月7日(星期三) 12:00**
 地點: **OSAGE STATION PARK**
816 BROOKSIDE DR
DANVILLE CA 94526
 費用: 會員每人**\$5.00**
 非會員每人**\$10.00**
 請到中心前台報名

2023 Summer BBQ & Hiking
6/7/23 noon (BBQ) 10am (Hiking)
Osage Station Park, Danville
\$5 for paid members & \$10 others
Please sign up at front desk

陸培恩老師當選愛心媽媽 - 陸培恩老師代表康鶴當選了灣區2023年度的模範母親“愛心媽媽”頒獎典禮在母親節前一星期5月7日舉行, 以下照片為陸老師於領獎後與家人和中心同仁所攝.



Music Theory Class in June & July - The ukulele jam sessions of the Music Workshop (Mondays 11:30 - 1PM) lead by teacher Rose Chen will assume a summer break in June and July. During the break teacher Chester Chang will start to teach an 8-session Music Theory class on June 12. The class will be offered free for GCSC members (\$5 per session for non-members). Please sign up at the front desk.

GCSC Video Editing Class: InShot

- Offer **BEGINNER** to **ADVANCED** training
 - New classes will be offered in **August, September and/or October**
 - Each Class will have three or four sessions, max of 12 people in each class
 - Welcome all NEW and OLD (who has taken before) students
 - Register before Mid-July
- 2023 InShot 課程招生通知
- 將在今年八月, 九月, 十月繼續開班
 - 教授初級班及高級班課程 歡迎新同學參加
 - 並歡迎舊同學重新複習初級階段的運作再上高級課程
 - 有興趣的同學請直接與我聯絡或在中心前台註冊登記
 - 請在七月中之前報名

Contact: Grace Chiu, ldchiu2020@gmail.com
 Or go to GCSC Front Desk to register



康鶴耆英中心 2023 年 6 月課程表
GCSC June 2023 Class Schedule

Address: 635 Old Orchard DR Danville CA 94526

Email: golden.crane.sc.contact@gmail.com

星期一 Monday

(6/5 6/12 6/19 6/26)

1000A - 1200P (Big Room)

舞蹈研習 Dance Workshop (沈慧 Amy Jong)
(吳芝音 Anita Wong 王立琴 Julie Wang 代課)

1210P - 0330P (Big Room)

卡拉 OK Karaoke

1130A - 0100P (Annex)

音樂教室 Music Workshop
Music Theory Class (Chester Chang)

6/5 & 6/19 0930A - 1120A (Annex)

國畫 1 Chinese Painting (溫麗玉 Julia Wen)

6/19 0110P - 0300P (Annex)

國畫 2 Chinese Painting (鍾維君 J. Chung)

6/12 & 6/26 0110P - 0300P (Annex)

書法 Calligraphy (孫國忠 KC Sun)

6/19 1230P - 0150P (2nd FL Lobby) *No Class 停課

3D 摺紙 Origami (陳恩貝 Betty Kung)

0330P - 0500P (Zoom Class)

瑜珈 Yoga (吳雪芳 Fragrance Liu)

6/12 0700P - 0900P (Zoom Class)

閱讀會 Book Club (許國衡 Patrick Hsu)

星期二 Tuesday

(6/6 6/13 6/20 6/27)

0830A - 0950A (Big Room)

太極拳 Tai-Chi

(朱天南 Tin Chu & Cynthia Lau)

1000A - 1055A (Big Room)

排舞初級班 Beginning Line Dance

(陸培恩 Grace Chiu, 張美文 Meiwen Chang)

1100A - 1215P (Big Room)

排舞中級班 Intermediate Line Dance

(廖佩茹 Hanna Fong, Linda Johnson)

星期二(續) Tuesday

(6/6 6/13 6/20 6/27)

0100P - 0300P (Big Room)

合唱團練習 Chorus (魯肇煌 Stephen Lu &
鄭莉莉 Lily Cheng)

6/6 & 6/20 0310P - 0410P (Big Room)

Yin Yoga (Tina Lee)

6/6 09A - 12P (Annex) 6/20 0715P - 10P (Zoom)

康鶴攝影會 Camera Club

6/13 1000A - 1200P (Annex)

插花 Ikebana (張櫻晶 Tomiko Hatsushi)

6/20 1000A - 1200P (Annex)

幹事會 Monthly Committee Meeting

6/27 1100A - 1200P (Annex)

針織 Crochet (周國琳 Linda Tang)

0400P - 0500P (Zoom Class)

易筋拍打 Yi Jin Patting (劉曼雲 Gini Lau)

6/6 0700P - 0900P (Zoom Class) *No Class 停課

時事座談 (許國衡 Patrick Hsu)

星期三 Wednesday

6/7 0930A - 1100A (Annex) *No Class 停課

生活花藝班 Living Floral Design (莊君英)

6/7 1130A - 0150P (Big Room) *No Class 停課

康鶴烹飪班

6/7 0200P - 0400P (Big Room) *No Class 停課

戲劇 Drama (鍾維君 James Chung)

6/7 1000A - 0300P **Special Picnic/Hiking Day**

年度踏青烤肉節 (詳情見海報 See Flyer)

6/28 0700P - 0900P (Zoom) *No Class 停課

電影研討 Movie Club (魯肇煌 Stephen Lu)

星期五 Friday(6/12)

康鶴健行會每月健行(與 6/7 踏青烤肉同時舉行)
Hiking Club Monthly Meet - To be held on 6/7 at
the picnic site.