



康鶴耆英中心 2023 年 7 月課程表
GCSC July 2023 Class Schedule

Address: 635 Old Orchard DR Danville CA 94526

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星期一 Monday

(7/3 7/10 7/17 7/24 7/31)

1000A - 1200P (Big Room)

舞蹈研習 Dance Workshop (沈慧 Amy Jong)

(吳芝音 Anita Wong 王立琴 Julie Wang 代課)

1210P - 0330P (Big Room)

卡拉 OK Karaoke

1130A - 0100P (Annex)

音樂教室 Music Workshop

Music Theory Class (Chester Chang)

7/3 & 7/17 0930A - 1120A (Annex)

國畫 1 Chinese Painting (溫麗玉 Julia Wen)

7/17 0110P - 0300P (Annex)

國畫 2 Chinese Painting (鍾維君 J. Chung)

7/10 & 7/24 0110P - 0300P (Annex)

書法 Calligraphy (孫國忠 KC Sun)

7/24 09130A - 1120A (Annex) 素描 Sketch

7/17 1230P - 0150P (2nd FL Lobby) *No Class 停課

3D 摺紙 Origami (陳恩貝 Betty Kung)

0330P - 0500P (Zoom Class)

瑜珈 Yoga (吳雪芳 Fragrance Liu)

7/10 0700P - 0900P (Zoom Class)

閱讀會 Book Club (許國衡 Patrick Hsu)

星期二 Tuesday

(7/11 7/18 7/25)

0830A - 0950A (Big Room)

太極拳 Tai-Chi

(朱天南 Tin Chu & Cynthia Lau)

1000A - 1055A (Big Room)

排舞初級班 Beginning Line Dance

(陸培恩 Grace Chiu, 張美文 Meiwen Chang)

1100A - 1215P (Big Room)

排舞中級班 Intermediate Line Dance

(廖佩茹 Hanna Fong, Linda Johnson)

星期二(續) Tuesday

(7/11 7/18 7/25)

0100P - 0300P (Big Room)

合唱團練習 Chorus (魯肇煌 Stephen Lu &

鄭莉莉 Lily Cheng)

7/11 & 7/18 0310P - 0410P (Big Room)

Yin Yoga (Tina Lee)

7/4 09A - 12P (Annex) *No Class 停課

& 7/18 0715P - 10P (Zoom)

康鶴攝影會 Camera Club

7/11 1000A - 1200P (Annex)

插花 Ikebana (張櫻晶 Tomiko Hatsushi)

7/18 1000A - 1200P (Annex)

幹事會 Monthly Committee Meeting

7/25 1100A - 1200P (Annex)

針織 Crochet (周國琳 Linda Tang)

0400P - 0500P (Zoom Class)

易筋拍打 Yi Jin Patting (劉曼雲 Gini Lau)

7/4 0700P - 0900P (Zoom Class) *No Class 停課

時事座談 (許國衡 Patrick Hsu)

星期三 Wednesday

7/5 0930A - 1100A (Annex) *No Class 停課

生活花藝班 Living Floral Design (莊君英)

7/5 1130A - 0150P (Big Room) *No Class 停課

康鶴烹飪班

7/5 0200P - 0400P (Big Room) *No Class 停課

戲劇 Drama (鍾維君 James Chung)

星期六 Saturday(7/15)

Special Hiking/Outing - A Day at Lands End

健行觀光聚餐一日遊 (詳情見海報 See Flyer)

康鶴健行會每月健行活動暫停一月並與一日遊一併舉行

Hiking Club monthly meet will not be held this month but will be held jointly with the special Hiking/Outing activity "A Day at SF Lands End".