

GCSC Class Schedule October 2023 (康鶴耆英中心2023年10月課程表)



康鶴耆英中心 2023 年 10 月課程表 GCSC October 2023 Class Schedule

Address: 635 Old Orchard DR Danville CA 94526

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星期一 Monday

(10/2 10/9 10/16 10/23 10/30)

1000A - 1200P (Big Room)

舞蹈研習 Dance Workshop (沈慧 Amy Jong)

(吳芝音 Anita Wong 王立琴 Julie Wang 代課)

1210P - 0330P (Big Room)

卡拉 OK Karaoke

1130A - 0100P (Annex)

音樂教室 Music Workshop

(Chester Chang)

10/2 & 10/16 0930A - 1120A (Annex)

國畫 1 Chinese Painting (溫麗玉 Julia Wen)

10/16 0110P - 0300P (Annex)

國畫 2 Chinese Painting (鍾維君 J. Chung)

10/9 & 10/23 0110P - 0300P (Annex)

書法 Calligraphy (孫國忠 KC Sun)

10/23 0930A - 1120A (Annex)

人像素描 Portrait Sketch (王萬淙 Frank Wang)

10/16 1230P - 0150P (2nd FL Lobby)

3D 摺紙 Origami (陳恩貝 Betty Kung)

0330P - 0500P (Zoom Class)

瑜珈 Yoga (吳雪芳 Fragrance Liu)

9/11 0700P - 0900P (Zoom Class)

閱讀會 Book Club (許國衡 Patrick Hsu)

星期二 Tuesday

(10/3 10/10 10/17 10/24 10/31)

0830A - 0950A (Big Room)

太極拳 Tai-Chi

(朱天南 Tin Chu & Cynthia Lau)

1000A - 1055A (Big Room)

排舞初級班 Beginning Line Dance

(陸培恩 Grace Chiu, 張美文 Meiwen Chang)

1100A - 1215P (Big Room)

排舞中級班 Intermediate Line Dance

(廖佩茹 Hanna Fong, Linda Johnson)

星期二(續) Tuesday

(10/3 10/10 10/17 10/24 10/31)

0100P - 0300P (Big Room)

合唱團練習 Chorus (魯肇煌 Stephen Lu &

鄭莉莉 Lily Cheng)

10/3 & 10/17 0310P - 0410P (Big Room)

Yin Yoga (Tina Lee)

10/3 09A - 12P (Annex) 10/17 0715P - 10P (Zoom)

康鶴攝影會 Camera Club

10/10 1000A - 1200P (Annex)

插花 Ikebana (張櫻晶 Tomiko Hatsushi)

10/17 1000A - 1200P (Annex)

幹事會 Monthly Committee Meeting

10/24 1100A - 1200P (Annex)

針織 Crochet (周國琳 Linda Tang)

0400P - 0500P (Zoom Class)

易筋拍打 Yi Jin Patting (劉曼雲 Gini Lau)

10/3 0700P - 0900P (Zoom Class)

時事座談 (許國衡 Patrick Hsu) *No Class 停課

星期三 Wednesday

10/4 0930A - 1100A (Annex) *No Class 停課

生活花藝班 Living Floral Design (莊君英)

10/4 1130A - 0150P (Big Room) *No Class 停課

康鶴烹飪班

10/4 0200P - 0400P (Big Room) *No Class 停課

戲劇 Drama (鍾維君 James Chung)

星期五 Friday

10/13 康鶴健行會每月健行 - 詳情另行通知

Hiking Club Monthly Meet - To be announced

!重要啟事! 康鶴中心近來發現有多方面義工短缺的情形, 因此呼籲會員能夠響應中心的需求, 請即時與中心主任廖雪萍聯絡 Volunteers are needed please call Juliana 415-533-6364